



SAGEBROOK

SENIOR LIVING AT BELLEVUE



AGEILITY

PHYSICAL THERAPY
SOLUTIONS



Ageility, our Rehabilitation & Wellness programs help our residents and neighbors live an active lifestyle. You can make appointments with our own licensed therapy team for any of our services.

PROVIDING **ON-SITE** REHABILITATION:

- Physical, occupational, and speech therapy
- Orthopedic & neurological rehabilitation
- Balance, gait, strength & coordination training
- Pre-surgery, post-surgery and post-hospital care
- Personal fitness and wellness programs
- Pain Management

**Call us at 425-641-4900 today to tour our
Rehabilitation & Wellness Center.**



AGEILITY – OUR REHABILITATION & WELLNESS PROGRAMS

- **Balance and Gait Assessment** – including our comprehensive Falls Prevention Program
- **Home Safety Management** – from fall prevention to modifying the environment for safety
- **Pain Management** – assisting with chronic conditions and injury recovery
- **Memory Enhancement Therapy** – helping our residents get back to their daily routines
- **Continance Care** – incorporating physical and occupational therapy
- **Low Vision Therapy** – teaching ways to maximize independence
- **Five Points Fitness Program** – designed to optimize physical fitness

All rehabilitation services are provided under a physician's orders.



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